

Trustees of Age Concern

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Secretary

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Useful Telephone numbers

Shipston Medical Centre 01608 661845

NHS Direct 111

Out of Hours service 0300 1 30 30 40

Adult Social Care 01926 410410

AgeUk Warwickshire 01926 458100

Citizens Advice 01789 200136

Guidepost Carers Support
01926 485486

Vasa for Transport 01789 262889

Groups and Meetings

Dementia Friendly Shipston

Fay Ivens 01608 662133

Gill Roache 01295 680309

SCAN Senior Citizens Action Group

Contact Trevor Russel

01608 662514/07771855214

Dementia Cafés

Paul Dowler 01295 688376



Shipston on Stour and District

2023

Programme for Senior citizens

We provide Lunch Clubs and Outings for older people who live in this area. It is a registered charity with a Board of Trustees but depends on Volunteers to help provide the lunch clubs and outings. If you would like to help in anyway, please contact one of the Trustees listed on the back of this card.

Lunch Clubs

These provide an opportunity to meet friends and to have a two- course hot lunch served to you. New members are always made very welcome. There is a choice of menu and vegetarians, and diabetics are catered for. Tea and coffee are served from 11-30 and lunch is served promptly **at 12-30**. The cost is currently **£4**. There is also a weekly raffle and the proceeds from this help to fund the Christmas lunch. The clubs are held at Stour Court, Old Road, Shipston, CV36 4HF and at Rainbow Fields, The Driftway, Shipston CV36 4BU.

To book, please book the week before or call on the day **before 10-15** if you must cancel. Please let us know as soon as possible so we don't prepare your meal, otherwise you will be charged.

For further information or to book or cancel a meal please call
Jill Case - Stour Court Tuesday
01608 662226

Sue Taylor- Rainbow Fields Thursday
01608 664490

Amanda Holden -Rainbow Fields
Friday (fortnightly)01608 686268

Outings

These use the Shipston Link Bus and are open to all older people living in the Shipston area. If an outing is overbooked preference will be given to people with limited access to private transport. The price is £5, payable when booking. If you are unable to attend, please call and a refund will be offered at the Trustees discretion.

The outings are on Wednesday from 2pm until about 5pm.

Please book by the date shown. To book call either

David Kennett 01608 664039 or
Christine Grant 01608 662771

Outings and Event Dates

12th April The Valley,
Evesham

10th May Afternoon Tea at
Rainbow Fields

AGM 18TH May Rainbow
Fields 2 pm

7th June Wyatts Great
Rollright

12th July Dobbies, Warwick Rd
Stratford

9th August Afternoon Tea at
Rainbow Fields

13th September Clifford
Chambers, Stratford

11th October The Valley,
Evesham

14th December Christmas
Lunch at RF