

# FREE ACTIVITIES IN SHIPSTON ON STOUR



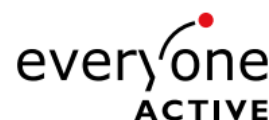
## Dr Sue Pritchard Memorial Challenge

New health & wellbeing opportunities brought to you by the Stour Health & Wellbeing Partnership in partnership with Sport England and L&Q

For further information and to book please email:

[juliareeves@everyoneactive.com](mailto:juliareeves@everyoneactive.com) or call 07514492468

| Activity                       | Day  | Time    | Location       |
|--------------------------------|--|---------|----------------|
| Seated Exercise Class          | Mondays                                      | 9:30am  | Rainbow Fields |
| Seated Exercise Class          | Mondays                                      | 11:00am | Townsend Hall  |
| New Age Kurling                | Wednesdays                                   | 2:00pm  | Townsend Hall  |
| Pilates for Complete Beginners | Fridays                                      | 9:30am  | Townsend Hall  |
| Board Games Social Afternoon   | Fridays 10th & 24th June,<br>8th & 22nd July | 2.00pm  | Rainbow Fields |



Everyone Active manages these facilities in partnership with Stratford-on-Avon District Council.