

FREE MAY ACTIVITIES IN SHIPSTON ON STOUR

L&Q

Dr Sue Pritchard Memorial Challenge

New health & wellbeing opportunities brought to you by the Stour Health & Wellbeing Partnership in partnership with Sport England and L&Q

For further information and to book please email:

juliareeves@everyoneactive.com or call 07514492468

Activity	Day	Time	Location
Seated Exercise Class	Tuesdays	10:00am	Townsend Hall
Seated Exercise Class	Tuesdays	11:15am	Rainbow Fields
New Age Kurling	Wednesdays	2:00pm	Townsend Hall
Pilates for Complete Beginners	Fridays	9:30am	Townsend Hall
Board Games Social Afternoon	Friday 13th & 27th May	2.00pm	Rainbow Fields



Everyone Active manages these facilities in partnership with Stratford-on-Avon District Council.