

## Trustees of Age Concern

Mrs Gillian Roache – Chairman

01295 680309

[gillyr@buzzinternet.co.uk](mailto:gillyr@buzzinternet.co.uk)

Mr David Kennett -Acting Secretary

01608 664039

[davidkennett510@gmail.com](mailto:davidkennett510@gmail.com)

Mr David Roache – Treasurer

01295 680309

[djroache@buzzinternet.co.uk](mailto:djroache@buzzinternet.co.uk)

Mrs Christine Grant

01608 662771

[grantchristine@hotmail.com](mailto:grantchristine@hotmail.com)

Mrs Chris Cockell

01295 688233

[c.cockell@btinternet.com](mailto:c.cockell@btinternet.com)

## Useful Telephone numbers

Shipston Medical Centre 01608 661845

NHS Direct 111

Out of Hours service 0300 1 30 30 40

Adult Social Care 01926 410410

AgeUk Warwickshire 01926 458100

Citizens Advice 01789 200136

Guidepost Carers Support

01926 485486

Vasa for Transport 01789 262889

## Groups and Meetings

### Dementia Friendly Shipston

Fay Ivens 01608 662133

Gill Roache 01295 680309

### SCAN Senior Citizens Action Group

Contact Trevor Russel

01608 662514/07771855214

### Shipston Dementia Café

Paul Dowler 01295 688376



## Shipston on Stour and District

2022

## Programme for Senior citizens

We provide Lunch Clubs and Outings for older people who live in this area. It is a registered charity with a Board of Trustees but depends on Volunteers to help provide the lunch clubs and outings. If you would like to help in anyway, please contact one of the Trustees listed on the back of this card.

## Lunch Clubs

These provide an opportunity to meet friends and to have a two- course hot lunch served to you. New members are always made very welcome. There is a choice of menu and vegetarians, and diabetics are catered for. Tea and coffee are served from 11-30 and lunch is served promptly **at 12-30**. The cost is currently **£4**. There is also a weekly raffle and the proceeds from this help to fund the Christmas lunch. The clubs are held at Stour Court, Old Road, Shipston, CV36 4HF and at Rainbow Fields, The Driftway , Shipston CV36 4BU.

**To book**, please book the week before or call on the day **before 10-15** if you must cancel. Please let us know as soon as possible so we don't prepare your meal, otherwise you will be charged

For further information or to book or cancel a meal please call

Jill Case - Stour Court Tuesday 01608 662226

Sue Taylor - Rainbow Fields  
Thursday 01608 664490

Chris Cockell - Rainbow Fields  
Friday 01295 688233

## Outings

These use the Shipston Link Bus and are open to all older people living in the Shipston area. If an outing is overbooked preference will be given to people with limited access to private transport. The price is £5. It does not include teas.

The outings are on Wednesday from 2pm until about 5pm.

Please book by the date shown.

To book call either

David Kennett 01608 664039 or

Christine Grant 01608 662771

## Outings and Event Dates

13<sup>th</sup> April The Valley, Evesham

11<sup>th</sup> May Vegetable Matters  
and a ride around the villages

8<sup>th</sup> June Wyatts Great  
Rollright

13<sup>th</sup> July Dobbies, Warwick Rd  
Stratford

10<sup>th</sup> August Afternoon Tea at  
Rainbow Fields

14<sup>th</sup> September Fosseyway  
Nurseries

12<sup>th</sup> October The Valley,  
Evesham