

Looking after someone who is ill, disabled, elderly or mentally ill is rewarding but can be tough.



We offer a nearby place to meet other carers and an opportunity to learn ways of coping or about services that could help you.

Carers4Carers

Finding support through supporting each other

KINETON VILLAGE HALL

4th Friday of the month

10.30—12 noon

We can look after the person you care for in our Companionship Group while you relax and enjoy the meeting. Please ask for details.

We continue to support carers whose loved ones have entered residential care or passed away.

BOOKING TO ATTEND A MEETING IS ESSENTIAL. PLEASE CONTACT US.

07947 89 504 or kcarers4carers@gmail.com

www.carers4carersonthefosse.org.uk www.facebook.com/Carers4Carers



Carers4Carers is part of the network of Omega Care for Life Meeting Point Support Groups. Registered Charity 1120322



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